# **Building Trauma Resilience in Jefferson County**

#### **Core Components:**

- Commitment to addressing trauma in our communities
- Effective collaboration
- Equitable programming
- Fidelity of practice
- Capacity and commitment of resources

#### **All Partners**

- Participate in 10 Step Systems Thinking
  Framework to Build Capacity for Resilience
- Participate in planning and review
- Participate in free ACES or Trauma Informed Care training, as appropriate

#### **BestCare Prevention**

- Coordinate Community Mobilization
- Provide free ACES training
- Provide community engagement
  - Paper Tigers & Resilience films
  - Community Focus Groups
- Coordinate Stakeholder Meetings
- Coordinate Evaluation
- Provide EBP youth programs and parent education
- Coordinate annual Jefferson County Resource Directory review/revise.
- Mobilize Youth Leaders
- Collect data; report on systems accountability
- Celebration/Learning Summit
- Local & Tri-County News story

### **Child Serving Agencies**

- Participate in free ACES training
- Identify/adopt policy to address trauma

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- Mental Health & Health Support
- Wrap services
- Second Step Suite (Social-Emotional Learning)
- Parenting classes, relief nursery
- Signs of Suicide Curriculum (7th Grade, Warm Springs)
- Safe Smart Teens
- PBIS
- Student Intervention Team
- Behavior Plans
- Individual intervention, Facilitation
- Crisis Response
- Functional Behavior Assessments
- McKinney Vinto (Homeless Act) Compliance
- SIT
- Personal Education Plans

# **Community Collaboration:**

- Flouride treatment
- Vision/hearing/health screenings
- OSU Nutrition Specialist
- MAC, Kids Club, 4H Youth
- My Future My Choice
- Substance Abuse Prevention BestCare (Grades 3, 6 & 7)
- Vision/hearing/health screenings
- OSU Nutrition Specialist
- MAC, Kids Club, 4H Youth
- My Future My Choice



- Identify families whose needs are not being addressed adequately; provide appropriate local referrals
- Distribute Trauma Informed System
  Change Instrument for self-evaluation
  and implementation

### **BestCare Treatment**

- Provide services:
  - Oversight and collaboration
  - School-based counseling
  - Mental health treatment

**Crisis response** 

- Substance abuse treatment

# Health Providers

- Identify families whose needs are not being addressed adequately by existing services
- Provide referrals to community resources

### **Cultural Associations**

- Educate partners on the unique cultural needs in Jefferson County
- Recruit families to participate in developing and implementing Trauma Resilience Plan

#### **Law Enforcement & Corrections**

 Adopt the Forensic Experiential Trauma Interview (FETI) or similar interview (or educate community about what is already in place)

### **Public Health**

- School-based services
- Family support and coaching of new Mothers and Fathers
- Parenting classes
- Education and support for expecting Mothers and Fathers

Preparedness education and messaging

- Outreach to community including Warm Springs and Latino/Hispanic cultures
- Environment of care (reducing incidents of retraumatization)
- Advocacy to stakeholders, elected officials, school board/leadership, etc.
- Inclusive envrionment

# **OB/GYN/Early Childhood/Home Visitors**

- ACES Whole Child
- ACE-Q: Child, Teen, Teen-Sr.
- Focus on birth-to-5 brain development

# **Child Protection**

- Oregon Safety Model Assessment
- Multi Disciplinary Team (MDT)
- Case Management
- Certification Services for relatives/general applicants
  partnering with DHS for children in need of substitute care
- Referrals to community services
- Face to Face monthly contact parents/children
- Family Team Meetings
- Court proceedings
- Community partner collaborative staffings
- CAN/S screening referral for children in care
- Reunification services and promoting safe healthy family's